

About the Lesson

This lesson will help you get more confident in using nine adjectives to describe people's feelings, reactions and moods.

The adjectives covered in this worksheet are: delighted, fuming, stunned, fired up, grumpy, awkward, baffled, turned off, and moved.



Delighted Fuming Stunned Fired up Grumpy

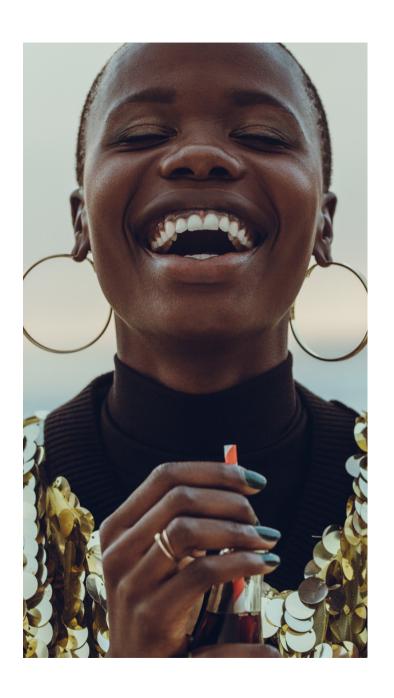
9 Adjectives to Describe Feelings & Reactions

Awkward

Baffled

Turned off

Moved



Delighted

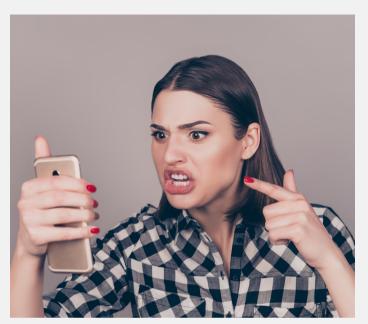
When you feel delighted, you feel happy, joyful and free.

- They were delighted with the meal and recommended the restaurant to all their friends.
- She'll be so delighted to see us for the holidays.

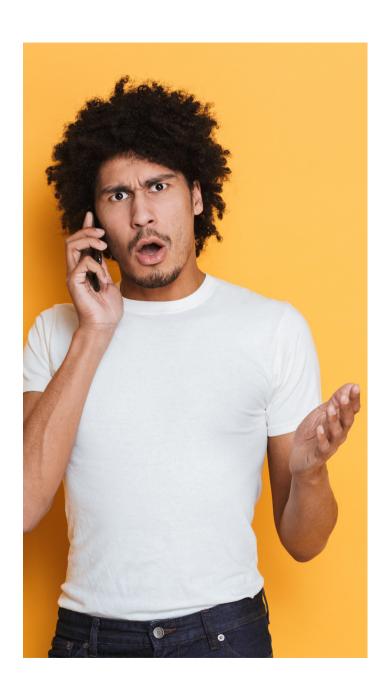
Fuming

To be fuming is to be more than just a few degrees above annoyed; it's to be very angry.

- I was fuming all day after that bad fight with my brother.
- Don't bother him right now. He's fuming over losing that big contract.







Stunned

Something that makes you feel stunned usually makes your jaw drop or your heart stop for a second. It's a similar feeling to being shocked.

- They were stunned when they realized that they had won the lottery.
- She was stunned to find out she was getting laid off.

Fired up

If you're fired up, it means you're filled with excitement and energy about something.

- I get really fired up whenever I listen to that podcast.
- We were all fired up for the concert.





Grumpy

When you feel grumpy, you're irritable and everything annoys you.

- He's always grumpy after work because he has such a long commute.
- If she doesn't take a nap, she'll be grumpy all day.

Awkward

Someone who feels awkward feels uncomfortable and uneasy, and they behave in an embarrassed way.

- I always feel so awkward on the first day back to school.
- Do you feel awkward speaking in front of a group?





Baffled

If you're baffled, you feel so confused that you almost feel lost or even dizzy.

- We were baffled by the complicated directions.
- Her parents are baffled about why she started failing school.





Turned off

We say that we're turned off by something when it causes a strong feeling of dislike or disgust.

- I loved the view, but I was totally turned off by the dirty carpet.
- We were turned off by the loud music during dinner.

Moved

If you're moved by something, it makes you feel a deep, strong emotion or a sense of empathy or connection with another person.

- I was moved by the volunteers' work to clean up the river, so I volunteered too.
- They'll be so moved by your kindness.







WORDS IN CONTEXT

Match the words or phrases in bold to their synonyms or meanings.

happy angry surprised excited irritable

- 1. Her engagement announcement left us stunned.
- 2. We're still **fuming** about the fact that we never got a refund.
- 3. They get fired up any time you mention their favorite football team.
- 4. I'm always grumpy after a long day at work with no breaks.
- 5. We're always **delighted** to meet new people from the community.

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- 1. Her engagement announcement left us **stunned**. (surprised)
- 2. We're still **fuming** about the fact that we never got a refund. (angry)
- 3. They get **fired up** any time you mention their favorite football team. (excited)
- 4. I'm always **grumpy** after a long day at work with no breaks. (*irritable*)
- 5. We're always **delighted** to meet new people from the community. (happy)

FILL IN THE BLANKS

Complete the sentences with the correct words.

You might have to change verb forms (talk – talking or talked).

	delighted	fuming	stunned	fired up	grumpy				
1.I was absolutely					_ with the present you gave me.				
	2. Both teams were for the match.								
	3. She hardly ever smiles. She's always in a mood.								
	4.We wer	4. We were by how much the city has changed.							
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delighted fuming stunned fired up grumpy

- 1. I was absolutely <u>delighted</u> with the present you gave me.
- 2. Both teams were **fired up** for the match.
- 3. She hardly ever smiles. She's always in a grumpy mood.
- 4. We were **baffled** by how much the city has changed.
- 5. He was **fuming** when he found out that his flight was cancelled.

DEFINITIONS

Match the words or phrases to their definitions.

awkward	baffled	turned off	moved					
1		: a strong feeling of dislike or repulsion						
2	: embarrassed and uncomfortable							
3	: feeling a deep emotion or sense of empathy							
4	: extremely confused							

DEFINITIONS

Match the words or phrases to their definitions.

awkward baffled turned off moved

- 1. <u>turned off</u>: a strong feeling of dislike or repulsion
- 2. awkward: embarrassed and uncomfortable
- 3. moved: feeling a deep emotion or sense of empathy
- 4. **baffled**: extremely confused

WHAT'S ANOTHER WAY TO SAY...?

Rewrite the sentences with one of the words above.

You might have to make some changes to the sentences, or add/change a preposition.

- 1. I just can't understand how he can fight more than one person alone.
- 2. Watching the family reunite left him feeling a deep emotion.
- 3. She felt a strong feeling of dislike because of their customer service.
- 4. I spilled my coffee all over the table yesterday. It was so **embarrassing**!

WHAT'S ANOTHER WAY TO SAY...?

Rewrite the sentences with one of the words above.

You might have to make some changes to the sentences, or add/change a preposition.

- 1. I'm <u>baffled at</u> how he can fight more than one person alone.
- 2. Watching the family reunite left him feeling moved.
- 3. She felt <u>turned off by</u> their customer service.
- 4. I spilled my coffee all over the table yesterday. It was so <u>awkward!</u>



Answer the following questions.

- When was the last time you felt delighted? What are some small things that delight you?
- When you're fuming, how do you stay calm? What techniques would you recommend to others?
- What news have you heard or read about recently that stunned you?

Answer the following questions.

- How awkward are these situations for you? (1= not at all \rightarrow 10 = extremely awkward)
 - Forgetting someone's name.
 - When your stomach starts to make noises in a quiet room.
 - Laughing really hard when no one else is laughing.
 - Leaving the bathroom with toilet paper on your shoe.
 - Tripping or falling in public.
 - Getting into a crowded elevator.

Answer the following questions.

- What are some things that could get you fired up when you're feeling down and need some serious motivation?
- When looking at the way people behave on social media, what are you turned off by the most? Why do you feel people do this?
- Have you ever listened to music or watched a movie that moved you to tears? What was it and why did it affect you so much?

Answer the following questions.

- What's relatively common but still baffles you?
- Are you always grumpy in the mornings? What makes you grumpy?
 How will I know if you're grumpy?

Thank You!

I hope you enjoyed this resource!

If you have any questions, please send me a message.

For more worksheets and lessons, visit my website at

www.inenglishwithlove.com.

